

reakfas

Continental breakfast is included.

Seasonal local fruit plate

Selection of bread with butter and jam

Eggs

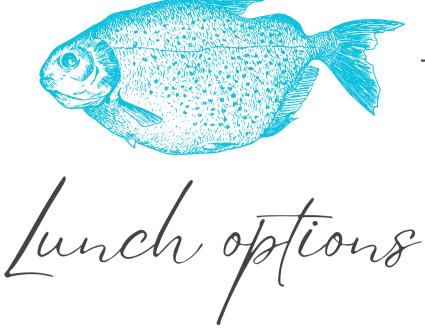
Fried, scrambled, poached, boiled, omelettes.

Beverages

Selection of Tea, Coffee, Fresh fruit juices.

Alternative options available at an additional charge Egg hoppers, French toast, Pancakes. Extra breakfast items - Grilled tomatoes, Bacon, Sausages.





Please liaise with our house manager each day, he will prepare your breakfast as you wish and any other meals that you require. Here is a suggested menu list but please feel free to ask for anything that you may like. If you require him to cook lunch or dinner, then please do ask him after breakfast once you have planned your day. He will also be able to share an idea of prices and availability of items on the day as these do vary.

# **Sandwiches**

Club sandwich

Bacon, Lettuce and tomato

# Soups

Served with garlic bread

Sri Lankan vegtable

Gazpacho



Junch & Dinnen options

Light snacks and starters Avocado and prawn cocktail

Guacamole and chips

Grilled prawns and mango salsa

Chicken or vegetable spring rolls with sweet chilli and soy dipping sauces

Chicken sate with hot mango and spicy peanut sauce

Tuna Carpaccio

with pomegranate and herbs



lunch & Dinnen

Fish and Seafood Grilled lobster or Grilled king prawns\* with garlic butter

> Tempura king prawns with soy and ginger dressing

Chilli crab Singapore style

Fried calamari with sweet chilli and lime

Fish Cakes

Grilled tuna, mahi mahi, snapper with capers and herbs

\*Please enquire with our chef for prices and availability on the day as these do vary.



Junch & Dinnen options

# Meat

Oven roasted chicken with garlic sauce and grilled vegetables

> Garlic honey chicken with vegetable noodles

Chicken sate with hot mango and spicy peanut sauce

Mustard glazed Pork Chops



Junch & Dinner string

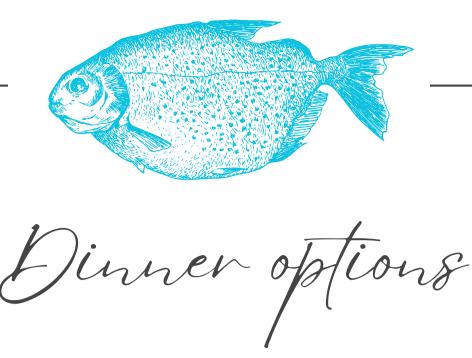
Poke bowls

Choose your meat or fish – Spicy Tuna, prawns, teriyaki & ginger chicken

Choose your toppings -Avocado, carrot, red cabbage, cucumbers, tomatoes, peppers, aubergine, spring onions, mango, pineapple.

served with white sushi rice, soy sauce and sriracha mayo.





Curries

Please indicate the level of spice that you would like for your meal so we can cater to your preferences.

Fish, Chicken, Pork, Prawn, Crab

Vegetable curries - Green bean, pumpkin, carrots, aubergine, potato, beetroot, okra.

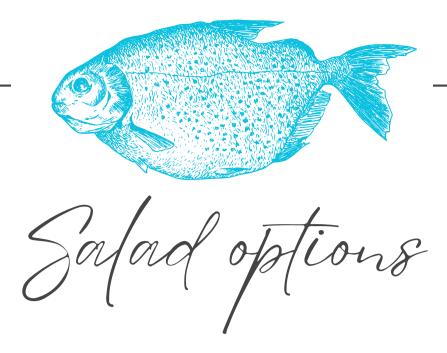
> Lentil dishes ('Paripu' in Sri Lankan, 'Dal' in Indian)

*Lightly steamed or tempered greens.* 

Sambols (Side condiments) - Fresh coconut, onion, carrot, Gotukla (local leaf) Amberella, mango chutney.

Thai curries also available.





Grilled root and Mediterranean vegetables

Greek salad

Tomato, Avocado and bacon salad

Sri Lankan salad

Salad Nicoise

Mango salad

Potato salad

Chickpea, mint, feta and tomato salad

Couscous Salad with roasted vegetables



Junch & Dinner options

# Sides and accompaniments

Rice

vegetable, chicken fried, coconut, garlic, sushi, basmati.

Potatoes

Mashed, thick cut chips, wedges, French fries, roasted with herb.

Steamed vegetables

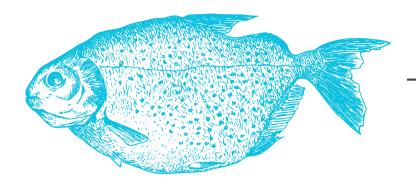
Garlic bread

Rotis

Normal or Coconut

Hoppers and string hoppers





Childnens Junch & Dinner options

Grilled Chicken served with rice, cucumber and carrot.

# Grilled Chicken

with mash potato and green beans

Carbonara

Tomato pasta



Junch & Dinnen options

# Desserts

Fresh fruit salad with curd and treacle

Chai pudding with mango and coconut

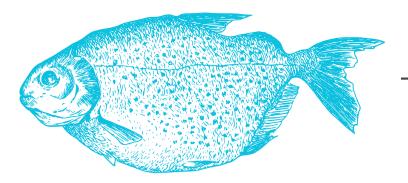
Chocolate mousse

Crème Brûlée

Creme caramel pudding

Panna cotta





Drinks

Classic cocktails Pina colada, Mojito

Gin & tonics

Beers and wines

Fresh coconuts and fruit juices.

Soft drinks

Soda, Tonic, Coke Zero, lemonade

Hot Beverages

Selection of Teas and Coffee.

